



BLOOMSBURG AREA YMCA

Fitness Schedule - Gymnasium

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 AM							
6 AM							
7 AM	OPEN GYM			OPEN GYM	OPEN GYM		
8 AM			OPEN GYM				
9 AM	Adult Pickleball	OPEN GYM			Adult Pickleball	PeeWee Sports/Preschool Gymnastics	
10 AM				Adult Pickleball			
11 AM						Adult Pickleball	
12 PM	Pick-Up Basketball		Age 35+ Basketball		Pick-Up Basketball		Half-Court: Pick-Up Basketball / Adult Pickleball
1 PM	OPEN GYM			OPEN GYM	OPEN GYM	OPEN GYM	
2 PM			OPEN GYM		OPEN GYM	Pick-Up Basketball	
3 PM	Teen Open-Gym	Teen Open-Gym	Teen Open-Gym	Teen Open-Gym	Teen Open-Gym	OPEN GYM	
4 PM							
5 PM	Youth Sports	OPEN GYM	Adaptive Recreation	OPEN GYM	Over 18 Basketball		
6 PM		Gymnastics		Gymnastics			Open Gym Definition:
7 PM	Open-Gym Volleyball	Adult Pickleball	Over 18 Basketball	Adult Pickleball		Full-Court can only be utilized when no other party wants to use the gym.	
8 PM		OPEN GYM	OPEN GYM	OPEN GYM			