Golden Years Program

Ages 55+

Wednesday's at 9:30am

Starting October 25th

Basics of Technology Class – 10/25

~ Group Exercise Room

Fall Prevention Class – 11/1

~ Group Exercise Room

Beginners Art Class – 11/8

~ Group Exercise Room

~ Sign Up By 11/6

Cooking Class– 11/15

~ Community Room

~ Sign Up By 11/13 ; Maximum of 20 People

Beginners Dance Class – 11/29

~ Group Exercise Room

BINGO Nights – TBA