



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BAY GYMNASTICS

2023 Fall Session | Bloomsburg Area YMCA

CLASSES: Aug. 29 – Nov. 18



Preschool (6-weeks)

Saturdays 9–9:45am OR Saturdays 10–10:45am

Our Preschool gymnastics is an introductory gymnastics class for children ages 3–6 years old. Children will learn gymnastics fundamentals and movement skills, while participating in activities that foster engagement, independence, coordination, strength, balance, flexibility & cooperation. **There will be 4 sessions to choose from:**

<p>Session 1: 9am Saturdays, Sept 2 – Oct 21</p>	<p>Session 2: 9am Saturdays, Oct 28 – Dec 2</p>
<p>Session 1: 10am Saturdays, Sept 2 – Oct 21</p>	<p>Session 2: 10am Saturdays, Oct 28 – Dec 2</p>

Beginner/Intermediate (12-weeks)

Tuesdays OR Thursdays 6–7pm

This class will be split into two sections (beginner & intermediate) – the first few classes will be to determine which section your child will be in. Tues/Thurs classes will be the same, you must select which day you will be coming at registration. Spots will be limited.

MEMBER:
\$70 – Preschool
\$170 – Beg./Int.

NON-MEMBER:
\$85 – Preschool
\$185 – Beg./Int.

For inquiries, please contact:
Collin Benfield
 Health & Wellness Director
cbenfield@bloomsburg.org

BAY GYMNASTICS SCHEDULE

*Any class changes (due to weather, emergency, etc.) will be communicated through the email provided on the intake form.

	<u>TUES.</u>	<u>THURS.</u>	<u>SAT.</u>
Week 1	Aug 29	Aug 31	Sept 2
Week 2	Sept 5	Sept 7	Sept 9
Week 3	Sept 12	Sept 14	Sept 16
Week 4	Sept 19	Sept 21	Oct 7
Week 5	Oct 3	Oct 5	Oct 14
Week 6	Oct 10	Oct 12	Oct 21
Week 7	Oct 17	Oct 19	Oct 28
Week 8	Oct 24	Oct 26	Nov 4
Week 9	Oct 31	Nov 2	Nov 11
Week 10	Nov 7	Nov 9	Nov 18
Week 11	Nov 14	Nov 16	Nov 25
Week 12	Nov 21	Nov 30	Dec 2