



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

YOU CAN REGISTER ONLINE, ON OUR APP, IN PERSON, OR OVER THE PHONE (570.784.0188)

# BAY Swimming Lessons FALL SESSION 2023

# STRONG SWIMMERS CONFIDENT KIDS

## BLOOMSBURG AREA YMCA

Children are born explorers, and as a parent, you don't want anything to hold them back.

**Knowing how to swim and be safe around water can save lives.**

BAY Swimming Lessons give kids the tools they need to be confident in and around water. In these lessons, students discover a respect and love for water. Our 9-class course teaches water safety and basic swimming techniques through lessons, instruction, and fun activities to reinforce skills.

Lessons are taught by BAY Swim Team coaches and swimmers who volunteer their skills to help others discover a love of swimming.

Participation in BAY Swim Lessons is one part of the process to develop your child's water safety and swimming skills. Year-round practice, regular exposure to water, and positive encouragement are the tools for developing your child's comfort level in and around the water.

Location: Bloomsburg Middle School Pool

Register for both sessions together and save \$10

**Bloomsburg Area YMCA | 30 E 7th St., Bloomsburg, PA 17815 | [bloomsburgymca.org](https://bloomsburgymca.org)**

Dates: **Session 1, Levels 1-4:** Sept 5 - Sept 21  
6:00 - 6:45pm; Tues, Wed & Thurs

**Session 2, Levels 1-4:** Oct 3 - Oct 19  
6:00 - 6:45pm; Tues, Wed & Thurs

Ages: 4 and up

Lesson Cost: \$65 for members

\$80 for non-members

Dates: **Session 1, Parent & Me:** Sept 5 - Sept 21  
7:00 - 7:45pm; Tues & Thurs

**Session 2, Parent & Me:** Oct 3 - Oct 19  
7:00 - 7:45pm; Tues & Thurs

Ages: 6mo. - 3yr. w/ parent/guardian

Lesson Cost: \$60 for members

\$75 for non-members