



BLOOMSBURG AREA YMCA

Fitness Schedule - Gymnasium

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM				
6 AM									
7 AM									
8 AM									
9 AM									
10 AM	Adult Pickleball	OPEN GYM		Adult Pickleball	Adult Pickleball	Adult Pickleball			
11 AM					OPEN GYM				
12 PM	Pick-Up Basketball			Age 35+ Basketball	OPEN GYM	Pick-Up Basketball		OPEN GYM	Half-Court: Pick-Up Basketball / Adult Pickleball
1 PM	OPEN GYM					OPEN GYM			
2 PM				Teen Open-Gym	Teen Open-Gym			Teen Open-Gym	
3 PM	Teen Open-Gym	Teen Open-Gym	Teen Open-Gym			Teen Open-Gym	OPEN GYM		
4 PM				OPEN GYM	OPEN GYM		OPEN GYM	Over 18 Basketball	
5 PM	Open-Gym Volleyball	Adult Pickleball	Over 18 Basketball			Adult Pickleball			Full-Court can only be utilized when no other party wants to use the gym.
6 PM				OPEN GYM	OPEN GYM		OPEN GYM		
7 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM					
8 PM									
LAST UPDATED: FEBRUARY 10, 2023									

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