



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BLOOMSBURG AREA YMCA & GEISINGER HEALTH PLAN



JANUARY—JULY

**ENROLLMENT
OPEN NOW!**

ADAPTIVE RECREATION PROGRAM WELLNESS FOR ALL.

The Adaptive Recreation Program is a recreation-based program with a variety of adaptive sports & game opportunities available for youth, 6-16, with physical disabilities. This program is designed to introduce the participants to a wide range of physical activity ventures. This program is led and monitored by exercise, sports and adaptive recreation professionals.

Activities include, but are not limited to:

Basketball, racket-sports, volleyball, bocchia, baseball, and much more!

The Adaptive Recreation Program is a 6-month Pilot Program designed and implemented by the Bloomsburg Area YMCA, and sponsored by Geisinger Health Plan.

Participants will receive a FREE 6-month Family-Membership and be invited to monthly social gatherings for participants and their families.

TIME: WEDNESDAYS, 5-6PM LOCATION: BLOOMSBURG AREA YMCA | 30 E 7th St., Bloomsburg, PA

CONTACT: COLLIN BENFIELD | cbenfield@bloomsburgymca.org, (570) 784-0188

Geisinger