



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## BLOOMSBURG AREA YMCA & GEISINGER HEALTH PLAN



**STARTING  
JAN. 18, 2023!**

# ADAPTIVE RECREATION PROGRAM WELLNESS FOR ALL.

The Adaptive Recreation Program will be a recreation-based program with a variety of adaptive sports & game opportunities available for youth, 6-16, with physical disabilities. This program is designed to introduce the participants to a wide range of physical activity ventures. This program will be led and monitored by exercise, sports and adaptive recreation professionals.

**Activities include, but are not limited to:**

**Basketball, racket-sports, volleyball, boccia, baseball, and much more!**

The Adaptive Recreation Program is a 6-month Pilot Program designed and implemented by the Bloomsburg Area YMCA, and sponsored by Geisinger Health Plan.

**Participants will receive a FREE 6-month Family-Membership and be invited to monthly social gatherings for participants and their families.**

**TIME: WEDNESDAYS, 5-6PM LOCATION: BLOOMSBURG AREA YMCA | 30 E 7th St., Bloomsburg, PA**

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**Geisinger**