



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BAY GYMNASTICS

2022 Fall Session | BLOOMSBURG AREA YMCA



**CLASSES: Sept. 10 – Dec. 15**

## Parent & Me: Crawl to Walk

Saturdays 9–9:45am

This class promotes your baby’s cognitive, social, and physical development alongside their parent/guardian. Each class will consist of fun, organized programming of physical movements as well as some free time for your baby to crawl & explore. This session is for little ones who aren’t able to walk yet to ensure the safety of all participants.

\*Parents MUST stay and supervise the child throughout the duration of the class

## Parent & Me: Walk to 3

Saturdays 10–10:45am

This class promotes your little one’s cognitive, social, and physical development alongside their parent/guardian. Each class will consist of fun, organized programming of physical movements as well as some free time for your little one to walk & explore. This session is for little ones who are able to walk without much assistance.

\*Parents MUST stay and supervise the child throughout the duration of the class

## Beginner/Intermediate: Days 1 / 2

Tuesdays OR Thursdays 6–7pm

This class will be split into two sections (beginner & intermediate) – the first few classes will be to determine which section your child will be in. Tues/Thurs classes will be the same, you must select which day you will be coming at registration. Spots will be limited.

- Parents are welcome to watch in the back half of the gymnasium.
- Leotards are recommended, but not required.
- Payment plans accepted, but must be completed by Dec.

### MEMBER:

**\$120 – Parent & Me**

**\$150 – Beg./Int.**

### NON-MEMBER:

**\$145 – Parent & Me**

**\$175 – Beg./Int.**

For inquiries, please contact:  
**Collin Benfield**  
Health & Wellness Director  
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# BAY GYMNASTICS

## 2022 Fall Session | BLOOMSBURG AREA YMCA

### SESSION DATES:

#### Parent & Me

Week 1: Sept. 10

Week 2: Sept. 17

**Fair-Week Break**

Week 3: Oct. 1

Week 4: Oct. 8

Week 5: Oct. 15

Week 6: Oct. 22

Week 7: Oct. 29

Week 8: Nov. 5

Week 9: Nov. 12

**Thanksgiving Break**

Week 10: Nov. 19

Week 11: Nov. 26

Week 12: Dec. 3

#### Beginner/Intermediate Tuesdays

Week 1: Sept. 13

Week 2: Sept. 20

**Fair-Week Break**

Week 3: Oct. 4

Week 4: Oct. 11

Week 5: Oct. 18

Week 6: Oct. 25

Week 7: Nov. 1

Week 8: Nov. 8

Week 9: Nov. 15

**Thanksgiving Break**

Week 10: Nov. 29

Week 11: Dec. 6

Week 12: Dec. 13

#### Beginner/Intermediate Thursdays

Week 1: Sept. 15

Week 2: Sept. 22

**Fair-Week Break**

Week 3: Oct. 6

Week 4: Oct. 13

Week 5: Oct. 20

Week 6: Oct. 27

Week 7: Nov. 3

Week 8: Nov. 10

Week 9: Nov. 17

**Thanksgiving Break**

Week 10: Dec. 1

Week 11: Dec. 8

Week 12: Dec. 15