



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BAY GYMNASTICS

2021 Spring Gymnastics  
BLOOMSBURG AREA YMCA

## EVALUATIONS | SUNDAY MARCH 7TH

8:15a - 9a & 9:30a - 10:15a

Ages 6 +

No parents allowed in evaluations.

**\$25 REGISTRATION FEE**

**\$10 PER CLASS**

## CLASS DESCRIPTIONS

### **Crawlers | Walkers: Wednesday 10a - 10:45a | ages 1-3**

Parents MUST stay with child and supervise child on equipment. Supervised by BAY staff. This is a great class to get your child moving and working their fine and gross motor skills.  
**10 kids max**

### **Preschool: Wednesday 11:15a - 12p | ages 3-5**

No parents in class. This class is designed to help encourage independence, improve motor skills, and to learn to be comfortable on the gymnastics equipment.  
**10 kids max**

### **Beginner: Saturday 3:30p - 4:30p | ages 5+**

This class is for athletes that have little to no gymnastics experience. In this class we will begin to teach the gymnastic basics. We will work on confidence and independence.  
**15 kids max** \*Must be evaluated and advised to come to this class.

### **Intermediate: Sunday 9:30a - 10:30a | ages 5+**

Can perform a cartwheel and Hand stand. The athlete has some gymnastics background and is close to or has a pull over on bar. Instructors must evaluate and place the athlete in this class.  
**15 kids max** \*Must be evaluated and advised to come to this class.

ALL CDC GUIDELINES MUST BE FOLLOWED. NO DROPS IN ALLOWED. YOU MUST BE REGISTERED TO PARTICIPATE.

PLEASE CALL (570)784-0188 FOR MORE INFORMATION.