



## **Group Exercise Classes**

The New Fitness Class Schedule has more time between classes for cleaning and disinfecting the Group Exercise Room.

X's are taped on the Group Fitness Exercise Room floor 6 feet apart. Every other X can be used.

Reservations will be required for Group Exercise Classes. Call the Front Desk to register. Please Check the Fitness Class Schedule for the latest information.

## **Masks and PPE**

All Staff will wear masks in the common areas. Common areas include front desk, hallways, and bathrooms.

Members are encouraged to wear masks but not required in fitness areas. If you are doing cardio without a mask, please practice social distancing.

There will be several disinfectant stations placed throughout the building.

There will be plexiglass barrier placed at the front desk to protect all staff and members

## **Not available in Phase 1 of our opening plan**

Coffee

Child watch.

Showers or locker rooms. Bathrooms will be open in the main lobby

Basketball, Pickle Ball, Lap Walking, and Gym Rentals in the Gymnasium.

## **Health Reminders**

Please wash or sanitize your hands thoroughly and often.

Please practice social distancing throughout your workout. Please maintain 6 feet of distance.

If you or anyone else in your household feel ill PLEASE STAY HOME.

## **Billing and Membership**

Normal billing will resume on July 1st.

We really look forward to seeing everyone!!! As always, if you have any questions or concerns please reach out to us. Thank you.